AUSTIN SPRING TANGO FESTIVAL 2024 WORKSHOPS

Day	Time	Ariadna & Fernando	Maria & Leandro	Stephanie & Fausto
Friday March 22	2:30 - 4:00 pm	Technique - All Levels For followers and leaders - the functionality of the couple in the dance	Milonga - Advanced Fun giros for Milonga in double beat	Tango - Intermediate Dynamics of empujadas
	4:30 - 6:00 pm	Tango - Advanced Ganchos for followers and leaders	Tango - Intermediate Adornos for leaders & followers - add a touch of elegance to your dance: what, when & how to	Connection - All Levels Creation and interpretation of the guide from our point of view
Saturday March 23	10:30 - 10:55 am	Tango Prep with PT Michelle Wald Targeted stretches to wake up our tango bodies		
	11:00 am - 12:30 pm	Tango - Intermediate The secret of the turn - the structure and rhythm	Tango - All Levels Fantastic ochos - take your ochos to the next level to allow more possibilities for creativity	Tango - Advanced Complex turns in close embrace
	1:00 - 2:30 pm	Musicality - Advanced Rhythmical combinations - how to use beats and phrases	Tango - All Levels Circular moves using calesitas - a fundamental move with many variations to spice up your dance	Vals - Intermediate Rhythmical combinations for Vals
	2:45 - 3:15 pm	Tango Recovery with PT Michelle Wald Targeted stretches for recovery to keep us dancing all night		
Sunday March 24	1:15 - 2:45 pm	Vals - Intermediate The turn and change of the turn direction	Tango - Advanced Variaciones - What to do and what to avoid during variaciones for better interpretation	Musicality - All Levels How to recognize & interpret musical structure in tango, between rhythm, melody & pauses
	3:00 - 4:30 pm	Milonga - All Milonga challenge sequence with all Maestros building on each other		

ASTF 2024: March 22 - 24